Eugene Veg Education Network (EVEN)

SPECIAL VEG PRESENTATION

Tuesday, August 31, 2010

Whole Foods: The Perfect
Formula for Health
and Weight Loss
by
Janice Stanger, PhD,
author of
The Perfect Formula Diet



WHAT: Free Educational Presentation (not a potluck)

WHEN: 7 pm - sharp.

WHERE: McNail-Riley House, 601 W. 13th Av (@ Jefferson), in

Eugene. (Park free in fairgrounds across the street.)

COST: FREE! Open to everyone---vegans, vegetarians and anyone interested in the benefits of a plant-based diet.

Click >> here to read more about Janice!

Mark your calendars and stay tuned for more information!

The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members---as well as the larger community---by providing access to pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org Peace.